

PRESCHOOL PROGRAMS

Lil' Hands, Lil' Feet Playgroup

Ages: 12 mos. - 3 y.o.
Instructor: P & R Staff

Open playtime and social opportunity for your tot (& you)!
 New "A to Z" themes will capture your lil' ones attention.
 Parent, or adult attendance required.

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91001F	11/10-12/15	PR Class	Tue	9:30-11:00 am	\$10 Res	11/4
91001G	1/5-2/9				\$15 non-Res	12/29
91001H	2/16-3/23					2/9
91001I	4/13-5/18					4/6

Wiggle, Giggle & Shake

Ages: 18 mos. - 3 y.o.
Instructor: K. Baker

Get your little one moving with Wiggle, Giggle & Shake. The instructor will present fun activities using music, movement, scarves, parachute, instruments and more!



Activity Code	Dates	Location	Day	Time	Fees	Deadline
91025B	11/9-12/14	PR Class	Mon	9:30-10:15 am	\$20 Res \$25 non-Res	11/2

Sensational Seasons

Ages: 18 mos. - 3 y.o.
Instructor: K. Baker

Introduce the splendor of the seasons to your preschooler with "Sensational Seasons!" Seasonal activities include educational games, crafts, music & more! Enjoy Winter, Spring, Summer and Fall any time of year! **No class 1/18 or 2/1**

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91028A	1/4-2/8	PR Class	Mon	9:30-10:15 am	\$10 Res \$15 non-Res	12/28

Won't You Be My Neighbor?

Ages: 18 mos. - 3 y.o.
Instructor: K. Baker

Meet the neighbors that help out in our community. Opportunities to interact, play & learn! Meet a police officer, fire fighter, and other special guests!

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91029A	2/22-3/15	PR Class	Mon	9:30-10:15 am	\$10 Res \$15 non-Res	2/15

Bugs and Twigs and Dirt, Oh My!

Ages: 18 mos. - 3 y.o.
Instructor: K. Baker

Get outside and explore the beauty (and mysteries) of nature. Class includes games and exploration. Visit 3 locations!

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91030A	3/22-3/29	Wahrani	Mon	9:00-10:00 am	\$20 Res	3/15
	4/12-4/19	Old NKMS	Mon	9:00-10:00 am	\$25 non-Res	
	4/26-5/3	QCP	Mon	9:00-10:00 am		

Preschool Chocolate Making

Ages: 3 - 5
Instructor: Williamsburg Chocolatier

This workshop will introduce the young chocolate maker to candy molds for the holidays, using edible chocolate paints, as well as marshmallows, holiday pretzels, & other treats! Please note any food allergies at time of registration. Parent/guardian participation required. Please tie hair back.

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91027A	12/11	QCC	Fri	10:00 - 11:30 am	\$15 Res	12/1
91027B	3/19	QCC	Fri	10:00- 11:30 am	\$20 non-Res	3/12

PRESCHOOL & YOUTH PROGRAMS

Mini Dribblers Basketball

Ages: 4 - 5 y.o. (must be 4 by Jan. 9, 2010)

Preschoolers and parents, join us for beginner basketball. Children will work with coaches on age appropriate skill development and game knowledge. Players will have practice the first half of the hour followed by a game. T-Shirt and end of season medal included in fee. Please bring water or sports drinks. Players must wear athletic shoes. *Players will practice for 1/2 hour and play a game for a 1/2 hour during the time frame. Schedules will be sent out if there are 4 or more teams. **Please indicate if you would like to volunteer as a coach.**

Activity Code	Dates	Location	Day	Time	Fees	Deadline
091007B	1/9-2/13	PR Gym	Sat	9:00-11:00 am	\$30 Res \$35 non-Res	12/11

Mini Kickers

Ages: 3 y.o

This six week program will introduce your preschooler to basic soccer skills while making new friends. The goal of the program is to allow kids to become familiar with soccer and have fun. Coaches will use games and other techniques to introduce skills. T-shirt and end of season medal included in the fee. Please bring water or a sports drink. Participants must wear athletic shoes. Participants should be 3 y.o. by March 13, 2010. **Parents are needed for Coaching. Parents interested in coaching, please indicate on your registration form. No games 4/10.**

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91005C	3/13-4/24	QCP	Sat	9:45-10:30	\$20 Res \$25 non-Res	2/16

Kiddie Kickers

Ages: 4-5 y.o

Preschoolers and parents, join Parks and Recreation for beginner soccer. Children will work with volunteer coaches on age appropriate skill development and game knowledge. Players will have practice the first half an hour followed by a game. T-shirt and end of season medal included in the fee. Please bring water or a sports drink. Participants must wear athletic shoes and shin guards. **Parents are needed for Coaching. Parents interested in coaching, please indicate on your registration form. Participants must be 4 by March 13, 2010. Teams will meet at 10:30 or 11:30 and participants will receive a schedule if there are more than 4 teams. No games 4/10.**

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91006C	3/13-4/24	QCP	Sat	10:30-11:30 11:30-12:30	\$25 Res \$30 non-Res	2/16

Ms Linda's School of Dance -

Ages: 3-10 (age as of 1/25/10)
Instructor: Ms Linda's School of Dance

Location: QCC
Day: Mon
Dates: 1/25-4/26

Fees: \$120 Res
\$125 non-Res
Deadline: 1/19

This veteran dance instructor will introduce your child preschooler to dance in a structured environment. The instructor will utilize creative movement games, nursery rhymes and spontaneity. Students must provide black leotard, pink tights, and pink leather ballet shoes.

This class follows typical dance environment protocol, meaning parents drop off their child.
No class on 2/15 & 4/5.

Activity Code	Ages	Class	Times
91004G	3-4 y.o.	Creative Movement	4:00-4:45pm
91004H	8-10 y.o.	Ballet/Tap	4:45-5:30pm
91004I	5-7 y.o.	Ballet/Tap	5:30-6:15pm

Fun Days to Celebrate with your Child in 2010!

Celebrate with one of the following, or make up your own!

Nov. 7	Hug a Bear Day	Jan. 6	Cuddle Up Day
Nov. 15	Pack Your Mom a Lunch Day	Jan. 28	Nat'l Kazoo Day
Dec. 4	Nat'l Cookie Day	Feb. 15	Family Day
Dec. 21	Nat'l Flashlight Day	Feb. 21	Love Your Pet Day

PRESCHOOL & YOUTH PROGRAMS

Preschool Fantastic Gymnastics

Ages: 18 mos to 4.5 (age as of Sept 1)
Instructor: C. Baldwin

Games, dances, and creative movement to teach gymnastics skills such as rolling, tumbling, balancing and more!

18 mos - 2 y.o. (no class 1/19)

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91002I	1/5-2/2	PR Gym	Tue	4:00-4:45 pm	\$32 Res	12/29
91002J	2/9-3/2	PR Gym	Tue	4:00-4:45 pm	\$37 non-Res	2/2
91002K	3/9-3/30	PR Gym	Tue	4:00-4:45 pm		3/2
91002L	4/13-5/4	PR Gym	Tue	4:00-4:45 pm		4/6

3 - 4.5 y.o (no class 1/19 & 1/21)

Activity Code	Dates	Location	Day	Time	Fees	Deadline
91003L	1/5-2/2	PR Gym	Tue	5:00-5:45 pm	\$32 Res	12/29
91003M	1/7-2/4	PR Gym	Thu	4:00-4:45 pm	\$37 non-Res	12/29
91003N	2/9-3/2	PR Gym	Tue	5:00-5:45 pm		2/2
91003O	2/11-3/4	PR Gym	Thu	4:00-4:45 pm		2/2
91003P	3/9-3/30	PR Gym	Tue	5:00-5:45 pm		3/2
91003Q	3/11-4/1	PR Gym	Thu	4:00-4:45 pm		3/2
91003R	4/13-5/4	PR Gym	Tue	5:00-5:45 pm		4/6
91003S	4/15-5/6	PR Gym	Thu	4:00-4:45 pm		4/6

Fantastic Gymnastics

Ages: 4.5 + (age as of Sept 1)
Instructor: C. Baldwin

Classes will focus on skill development and training on gymnastics apparatus. Skills include rolls, handstands, cartwheels and more! Increased skills training with progression of levels.

4.5 - 6.0 y.o. (no clas 1/19 & 1/21)

Activity Code	Dates	Location	Day	Time	Fees	Deadline
92011L	1/5-2/2	PR Gym	Tue	6:00-6:45 pm	\$40 Res	12/29
92011M	1/7-2/4	PR Gym	Thu	5:00-5:45 pm	\$45 non-Res	12/29
92011N	2/9-3/2	PR Gym	Tue	6:00-6:45 pm		2/2
92011O	2/11-3/4	PR Gym	Thu	5:00-5:45 pm		2/2
92011P	3/9-3/30	PR Gym	Tue	6:00-6:45 pm		3/2
92011Q	3/11-4/1	PR Gym	Thu	5:00-5:45 pm		3/2
92011R	4/13-5/4	PR Gym	Tue	6:00-6:45 pm		4/6
92011S	4/15-5/6	PR Gym	Thu	5:00-5:45 pm		4/6

6.0 y.o.+ (no class 1/21)

Activity Code	Dates	Location	Day	Time	Fees	Deadline
92012I	1/7-2/4	PR Gym	Thu	6:00-6:45 pm	\$40 Res	12/29
92012J	2/11-3/4	PR Gym	Thu	6:00-6:45 pm	\$45 non-Res	2/2
92012K	3/11-4/1	PR Gym	Thu	6:00-6:45 pm		3/2
92012L	4/15-5/6	PR Gym	Thu	6:00-6:45 pm		4/6

Intermediate - Permission from instructor (no class 1/19 & 1/21)

Activity Code	Dates	Location	Day	Time	Fees	Deadline
92013L	1/5-2/2	PR Gym	Tue	7:00-7:45 pm	\$40 Res	12/29
92013M	1/7-2/4	PR Gym	Thu	7:00-7:45 pm	\$45 non-Res	12/29
92013N	2/9-3/2	PR Gym	Tue	7:00-7:45 pm		2/2
92013O	2/11-3/4	PR Gym	Thu	7:00-7:45 pm		2/2
92013P	3/9-3/30	PR Gym	Tue	7:00-7:45 pm		3/2
92013Q	3/11-4/1	PR Gym	Thu	7:00-7:45 pm		3/2
92013R	4/13-5/4	PR Gym	Tue	7:00-7:45 pm		4/6
92013S	4/15-5/6	PR Gym	Thu	7:00-7:45 pm		4/6

NKPR Let's Go Fishing!
Youth Fishing Derby
Saturday May 22, 2010
Allen's Fishing Pier, Lanexa
9:00 am-12:00 noon



Enjoy a fun and relaxing morning with your child, or grandchild!
Prizes awarded, bring your own rod and tackle! RSVP to 966-8502.
Hosted by Jack Lee & Friends
FREE EVENT